

APRIL 2024 NPHS LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
APRIL 1 Bosco Sticks with Pasta and Marinara Sauce Steamed Broccoli Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk	APRIL 2 Knights Chicken Bowl with Dinner Roll Tossed Garden Salad Fresh Vegetable and Fresh Fruit Selection Milk	APRIL 3 Soft Shell Chicken or Plant Based Mexican Crumbles Taco Southwest Beans Fruit Cup Variety of Milk	APRIL 4 BBQ Pulled Pork Sandwich Diced Home Fries Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk	APRIL 5 Chicken or Cheese Quesadilla Spanish Rice Fresh Vegetable and Fresh Fruit Selection Fruit Cup Milk
APRIL 8 Breaded Mozzarella Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	APRIL 9 Meatball Sub Tater Tots Tossed Garden Salad 100% Apple Juice Variety of Milk	APRIL 10 NO SCHOOL	APRIL 11 Pork Carnitas, Chicken or Plant Based Mexican Crumble Burrito Bowl Cilantro Rice Spanish Beans Corn Salsa Fruit Cup Variety of Milk	APRIL 12 Spicy Chicken Filet on Bun Macaroni Salad Steamed Broccoli 100% Fruit Punch Variety of Milk
APRIL 15 Max Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	APRIL 16 Knights Delight with Potato Chips Sweet & Sour Cucumber Salad 100% Apple Juice Variety of Milk	APRIL 17 Fish Sticks with Macaroni & Cheese Fruit Cup Fresh Vegetable and Fresh Fruit Selection Variety of Milk	APRIL 18 BBQ Chicken Waffle Fry Bowl with Biscuit Cowboy Caviar Fruit Cup Variety of Milk	APRIL 19 Cheese Burger on Bun Tater Tots Fruit Cup Variety of Milk
APRIL 22 Pasta with Meatballs or Pasta with Plant Based Italian Crumbles in Sauce and Garlic Bread Steamed Broccoli Fruit Cup Variety of Milk	APRIL 23 NO SCHOOL	APRIL 24 Beef or Plant Based Mexican Crumbles Nacho Supreme Spanish Beans Fruit Cup Variety of Milk	APRIL 25 Buffalo Chicken Wrap or Vegetarian Buffalo Wrap Cole Slaw Tossed Garden Salad 100% Fruit Punch Variety of Milk	APRIL 26 Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk

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APRIL 29 Bosco Sticks with Pasta and Marinara Sauce Steamed Broccoli Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk	APRIL 30 Knights Chicken Bowl with Dinner Roll Tossed Garden Salad Fresh Vegetable and Fresh Fruit Selection Milk			
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DAILY ALTERNATE ENTREES LINE 1

Hamburger or Cheeseburger
 Chicken Patty or Spicy Chicken Patty on Bun

DAILY ALTERNATE ENTREES LINE 2

Pizza Plain
 Monday, Wednesday and Friday – Pepperoni Pizza
 Tuesday and Thursday – Buffalo Chicken Pizza

LINE 3 & 4

Daily Menu

DAILY ALTERNATE VEGETARIAN ENTREES LINE 5

Peanut Butter and Jelly Sandwich
 Fruit Smoothie with Soft Pretzel or Yogurt Parfait
 Veggie Burger
 Assorted Salads may include Caesar salad, garden salad with egg
 Monday – Max Sticks with Marinara Sauce
 Tuesday – Buffalo Vegetarian Wrap
 Wednesday – Bean Burrito Bowl
 Thursday – Bosco Sticks with Marinara Sauce
 Friday – Chana Masala with Basmati Rice

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DAILY ALTERNATE GRAB & GO ENTREES LINE 6

Assorted Salads may include Caesar salad with chicken, garden salad with chicken

Assorted Salads may include Caesar salad, garden salad with egg

Cheese Hoagie

Monday – Popcorn Chicken with Dinner Roll

Tuesday – Buffalo Chicken Wrap

Wednesday – Pancakes with Sausage

Thursday – Chicken Nuggets with Dinner Roll

Friday – Chicken Tenders with Dinner Roll

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Variety of Variety of Milk: unflavored 1% Variety of Milk, unflavored fat free Variety of Milk, fat free chocolate Variety of Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**